

IT TAKES A VILLAGE

Ankara Affirmations Journal Workshop

with Lisa Shepard Stewart
of Cultured Expressions

Saturday, June 15, 2019

7:00pm

Cover your own journal with African print fabric, then share wisdom and affirmations with others as a jump-start to the journaling process. Learn about the benefits of journaling, various types of journals and more!

LOCATION:

Alpha Performing Arts and Restoration Center
211 Lackawanna Ave, Woodland Park, NJ 07424

Perfect for:

- Parents & Child
- Family & Friends
- Ladies & Gents

**Cost \$25 (Age 8-18)
\$50 Adults**

All supplies included!

Pre-REGISTER by June 13, 2019
at Epitomeofsoul.org on Events tab

Refreshments will be served



Presented by

Epitome of Soul, in Partnership with Alpha Performing Arts & Restoration Center
This Program is funded, in part, through a grant from the New Jersey Council on the Arts